BOEALPS Boeing Employees Alpine Society BRC Grad Climb

Overview:

The BRC Grad Climb is intended to introduce the students to an alpine climb. The climb will be planned by the student and instructor and utilize all skills taught. This experience will help students understand what alpine climbing is and if the BOEALPS intermediate climbing class (ICC) is right for them.

Students are only required to attend one day (Saturday or Sunday) for their grad climb; however, we encourage them to attend both days.

Learning Objectives:

- ✓ Introduction to alpine climbing
- \checkmark Understand planning and logistics of an alpine climb
- \checkmark Choosing what gear to bring
- \checkmark Creating a beta sheet and timeline
- ✓ Efficiently climb multi-pitch routes as part of a rope team
- ✓ Understand your physical and mental response to exposure

Location & Camping:

It is a 3 to 4 hour drive (depending on traffic).

Location:

✓ Washington Pass, Washington

Cabin:

- ✓ <u>5 Red Dog Road Winthrop, WA</u>
- ✓ First come, first served
- ✓ Quiet hour starts at 10 PM. Just bring it inside the house

What to Bring:

- ✓ Climbing & camping gear
- ✓ Maps & beta (students & instructors)
- ✓ Alpine gear
 - Light pack, food and water
 - Crampons / ice axe (aluminum if possible)

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- Emergency gear (instructor)
- Instructor/summit treats
- ✓ Breakfast:
 - Bring breakfast for Saturday and Sunday.
- ✓ Lunch:
 - Bring food and water for lunch Saturday and Sunday.
- ✓ Dinner:
 - Potluck at the cabin Saturday night.

Agenda:

Saturday and/or Sunday:

- ~06:00 Leave the cabin for the Blue Lake trailhead. Breakfast is on your own. Students and instructors will coordinate appropriate start times.
- \sim 20:00 Dinner, everyone should be back at the cabin by this time. Each team must contact the call-in person when their climb is completed.