

BOEALPS ACC Student Application

Acceptance into the Alpine Climbing Class (ACC) is highly competitive; please take your time to submit a thoughtful and complete application.

Incomplete applications are considered weak and your chances of being accepted are greatly reduced.

A NOTE BEFORE APPLYING TO THE ACC

The snow and basic rock skills covered during the BMC and BRC should be second nature for an ACC student. They are reviewed briefly at the beginning of the ACC, but significant time will not be spent to teach basic skills. In addition, climbing done outside of the classes gives a recent BMC graduate the time and experiences necessary to ensure that these skills are truly mastered. This will allow your time in the ACC to be spent learning new skills rather than trying to review and learn skills that should already be mastered.

Knowing how to lead climb is not necessary for an ACC applicant. Basic experience with top rope rock climbing, up to 5.8 or higher, is required. If your only experience with rock climbing systems and movement is through the BMC; it is strongly suggested that you take the BOEALPS Basic Rock Class (BRC), take classes at a local climbing gym, or just get outside rock climbing with experienced friends a bunch prior to applying to the ACC. These are great ways to gain basic rock climbing skills as well as learning how to lead belay and follow climbs. Learning to trad lead and place protection is a very large undertaking for ACC students and takes full concentration.

This note is meant as a catalyst for self evaluation, not to discourage new BMC grads from applying to the ACC. It is important to be honest with yourself and your current skill set. Students will get much more out of this class if the climbing basics are well ingrained already so they can fully concentrate on learning new skills and exploring their climbing boundaries.

PERSONAL INFO & BACKGROUND

Application Type *

BOEALPS Member \$450 BOEALPS Guest \$490

Name *

First

Last

E-mail *

Phone *

Address *

Street Address

City

State / Province / Region

Postal / Zip Code

United States

Country

Age *

Vehicle used for weekend outings

(Make, Model, Year, # of Passengers, License Plate #) *

BEMS ID (for Boeing employees only)

Health Insurance Carrier *

Emergency Contact #1 (Name, Relation) *

Phone *

Emergency Contact #2 (Name, Relation) *

Phone *

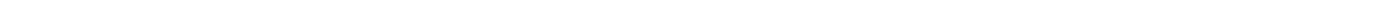
Please list any health concerns that the head instructor needs to be aware of for your safety *

Have you taken the [BOEALPS BMC](#) Class? *

Have you taken the [BOEALPS BRC](#) Class? *

Have you taken part in the [BOEALPS ACC](#) Class in the past? *

About how many mountaineering and alpine climbing outings have you been on in the last two years? *



ALPINE CLIMBER PROFILE

Note for this section: Higher values are not required and not necessarily better. Goal is just to characterize your alpine climbing profile to create better team dynamics.

WILDERNESS FIRST AID: Have you taken a Wilderness First Aid (WRFA, [WFA](#), or equivalent) class? (YES/NO, year taken) *

AIARE: Have you taken an AIARE avalanche class before? (YES/NO, AIARE Level, year taken) *

STOAK: Still happy to be outside in the alpine when... *

- 1 – it's a beautiful sunny day and you're crushing it.
- 2 – it's overcast and you're a bit cold.
- 3 – it's snowing, you're a bit wet, and a bit cold. (*most normal alpine climbers land about here*)
- 4 – it's raining, you're wet, a bit cold, and hungry.
- 5 – it's a down pour, you're wet, a bit cold, hungry, and hiding in a moat for shelter with an angry chirping marmot at 2am.

ALPINE TRAD LEAD GRADE: Your low stress (type 1 fun) alpine trad climbing lead grade (97%+ confidence in leading it clean with no takes)... *

- 1 – Low 5th class, or no trad climbing experience (*majority of students start here*)
- 2 – 5.4
- 3 – 5.6
- 4 – 5.7
- 5 – 5.8
- 6 – 5.9+

ALPINE EXPERIENCE: Total number of 'Alpine Style Climbs' (2+ day duration, long approach, with at least two 5.4+ grade pitches) you have been on... *

- 1 – None yet, but excited to get started (*most students start here*)
- 2 – 1 to 5
- 3 – 6 to 10
- 4 – 11 to 20
- 5 – 21+

SNOW & ICE EXPERIENCE: Comfort level and experience with snow travel, ice climbing, and avalanche terrain & conditions experience (mark the highest # where all 3 categories still apply to you)... *

- 1 – 35–deg snow travel (e.g. standard routes up Baker), little to no ice climbing, and low avalanche terrain comfort. *(ACC required minimum)*
- 2 – 40–deg snow (hard or loose snow), some ice climbing experience, and some avalanche terrain & conditions experience.
- 3 – 45–deg snow (e.g. North Buttress Couloir on Colchuck), proficient at WI2 ice climbing, and AIARE level 1 plus 15+ days of avalanche experience.
- 4 – 50–deg snow, WI3 ice climbing, & AIARE level 1 plus 30+ days of avalanche terrain & conditions experience.
- 5 – 60–deg snow, WI4 ice climbing, & AIARE level 2 plus 45+ days of avalanche terrain & conditions experience.

FITNESS: Steep uphill hiking pace with a 25–lb pack that can be sustained for 4+ hours (in vertical feet per hour)... *

- 1 – 750 vert. ft/hr or ~4–hrs to climb up Mount Si without Haystack
- 2 – 850 vert. ft/hr or ~3.5–hrs up Mount Si
- 3 – 1000 vert. ft/hr or ~3.0–hrs up Mount Si *(goal is for all students to be at this level by Alpine 1)*
- 4 – 1200 vert. ft/hr or ~2.5–hrs up Mount Si
- 5 – 1500+ vert. ft/hr ~2.0–hrs up Mount Si

BALANCE: Can easily and repeatedly perform the following balance exercise (mark the highest # you can do easily)... *

- 1 – Standing on 1 foot with eyes open for 30 sec without wobbling
 - 2 – Standing on 1 foot with eyes closed for 30 sec
 - 3 – Raise up onto just the ball of 1 foot with eyes open for 30 sec *(all ACC participants to be proficient to this level, practice to master)*
 - 4 – Raise up onto just the ball of 1 foot with eyes closed for 30 sec
 - 5 – Tree pose up on the ball of 1 foot with eyes closed for 30 sec
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CLIMB COMMITMENT LEVEL *

	Grade I (1-2 hours)	Grade II (several hours)	Grade III (half a day)	Grade IV (a full day)	Above Grade IV
Current comfort level for climb Commitment Grades	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Desired comfort level (goal)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Briefly describe your most physically demanding climb to date (a long and arduous climb, e.g. Mount Rainier): *

Maximum Allowed: 250 words. *Currently Used: 0 words.*

Briefly describe your most technically demanding climb to date (hardest grade and biggest commitment level): *

Maximum Allowed: 250 words. *Currently Used: 0 words.*

Please explain your motivations for taking the ACC: *

Maximum Allowed: 250 words. *Currently Used: 0 words.*

Most recent year you had Navigation training?

Most recent year you had Ice Axe Arrest training?

Most recent year you had Glacier Travel training?

Most recent year you had Crevasse Rescue training?

Most recent year you had Placing Rock Protection training?

Most recent year you had Placing Snow Protection training?

Most recent year you had Placing Ice Protection training?

Most recent year you had Rock Climbing training?

Most recent year you had Ice Climbing training?

CLIMBING ACHIEVEMENTS

Please explain seven of your more significant climbing achievements outside of the BMC and BRC (or other similar courses).

Please include the following information:

[Mountain or Crag],[Route],[Difficulty],[Lead, Follow, Shared, or Top Rope],[Date],[Comments]

Examples:

* *Black Peak, NE Ridge, 5.2, Lead, June 2017, lead entire NE ridge simul-climbing in 12 hours car to car*

* *Glacier Peak, White Chuck/Gerdine/Cool Glacier, Grade II Glacier, July 2009, 3 day trip*

* *Smith Rock, Super Slab, Left Slab Crack, Right Slab Crack, 5.6, 5.4, 5.5, Follow, Lead, Lead, Sept 2009*

A strong application will include a well-rounded mix of accomplishments.

Please make sure to fill ALL seven of these out.

Climb 1

Climb 2

Climb 3

Climb 4

Climb 5

Climb 6

Climb 7

CLIMBING PARTNER REFERENCE

Please list the contact information for a partner or past instructor you have climbed with, who would be willing to speak about your qualifications for this class.

Reference Name *

First

Last

Reference Email *

Reference Phone Number *

BOEALPS Related Questions *

	Yes	No
Do you intend to instruct the BOEALPS BMC in the future?	<input type="radio"/>	<input type="radio"/>
Do you intend to instruct the BOEALPS BRC in the future?	<input type="radio"/>	<input type="radio"/>
Do you intend to instruct the BOEALPS ACC in the future?	<input type="radio"/>	<input type="radio"/>
Do you intend to hold a BOEALPS club position in the future?	<input type="radio"/>	<input type="radio"/>

RELEASE OF LIABILITY, SCHEDULE, & PAYMENT

Applicants must completely read and fully understand 'BOEALPS Release Of Liability' before completing the below section.

Class dates are hard commitments and missing classes or make-ups are generally not acceptable.

Please add them to your calendar and plan accordingly now. If you have concerns about specific dates, please contact the head instructor(s) before applying.

I have read, understand, and agree to the following: *

	Yes
BOEALPS Release Of Liability	<input type="radio"/>
ACC Student Handbook	<input type="radio"/>
2019 ACC Class Schedule	<input type="radio"/>

BOEALPS Release Of Liability Signature *

Payment Method *

Check

Questions / Comments

